

55+ ACTIVITY CLUBS

55+ Activity Clubs

The City of Duluth offers a variety of adult and senior specific recreation programs to engage and empower the 55+ community. Recreation programs offer opportunities to socialize, learn new skills, maintain fitness, connect the community, and promote overall well-being. In addition to traditional recreation classes and events, Duluth Parks and Recreation supports 55+ Activity Clubs. Activity Clubs are community run groups that meet in park spaces and community centers throughout the city. Club topics range from coffee and chat, cards, BINGO, nordic walking, art, birding, or any other interest that a group of community members may have. Everybody aged 55+ is welcome to join or create a Senior Social Club.

Activity Clubs are co-sponsored by the city but operate somewhat independently. Each Activity Club will have one designated volunteer to act as a liaison to the Recreation Specialist to communicate scheduling and club needs. Historically, Evergreen, Morgan, and Portman have been primary hubs for Activity Clubs, with each facility containing a unique set of groups with interests oriented around the center's members.

As the City of Duluth returns to programming, we plan to revamp and expand Activity Clubs in order to best support and connect our community. We are looking to our engaged citizens to help return existing Activity Clubs and create new ones. In light of the COVID-19 situation over the past year, the structure of Activity Clubs will be slightly adjusted to maintain the health and safety of our participants.

Guidelines

Creating an Activity Club in your community is easy! All you need is interest in a topic or activity and a willing volunteer leader. A willing volunteer for each Activity Club will act as a liaison to the Recreation Specialist to communicate club scheduling. The Recreation Specialist will work on behalf of Duluth Parks and Recreation to best support each Activity Club. Activity Clubs must allow anybody 55+ to join. All club member information will remain confidential, only to be shared with the city for communication and contact tracing purposes. Clubs may request to meet in community centers or park spaces for their meetings.

Club Liaison Responsibilities:

- Communicate with the Recreation Specialist to reserve facilities for meetups
- Track club gear in designated secure city storage
- Maintain list of club members and contact information
- Communicate club information with existing and potential members

City Support:

- Provide facilities around the city for group meet ups
- Provide safe and secure storage for club materials
- Help promote club engagement
- Purchase supplies (program dependent)



Instructions

Thank you for your interest in becoming a 55+ Activity Club! This opportunity is a great way to connect the community over a shared interest. As a reminder, clubs must be open to all who are 55+ and will be co-sponsored by the City of Duluth as a way to reach new potential members and use open park facilities at no cost to the group.

The Club Liaison should fill out this form and return it to Abby Proulx, Recreation Specialist at aproulx@duluthmn.gov or mail to :

Duluth Parks & Recreation

City Hall, Ground Floor
411 West First Street
Duluth, MN 55802

Club Information

Club Name:
Club Description:

Club Meeting Request Time(s)

Frequency (weekly, biweekly, quarterly, etc.)	Location(s)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Available times: <i>please list at least two preferences</i>							

Volunteer Liaison Information

Name: _____

Phone Number: _____

Email: _____

May the city list your contact information on city publications as a way for potential new members to gain club information?

- Yes, share my name, number, and email so new members can contact me directly with inquiries
- Yes, but just my name and phone number
- Yes, but just my name and email
- No, please just share my name and have the Recreation Specialist forward all inquiries to me

