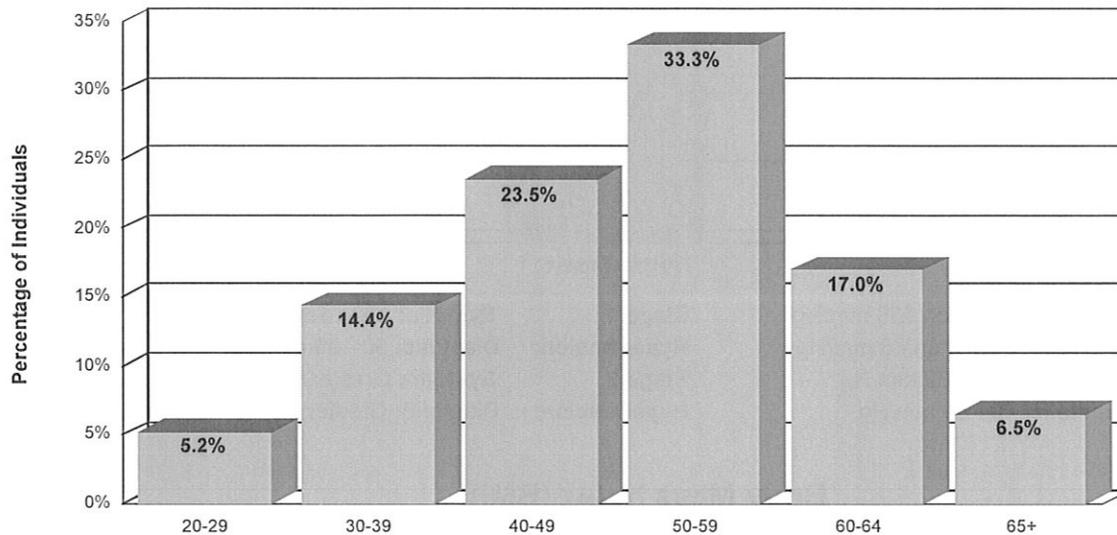


Health and Well-being Solutions Health Screening Summary Report

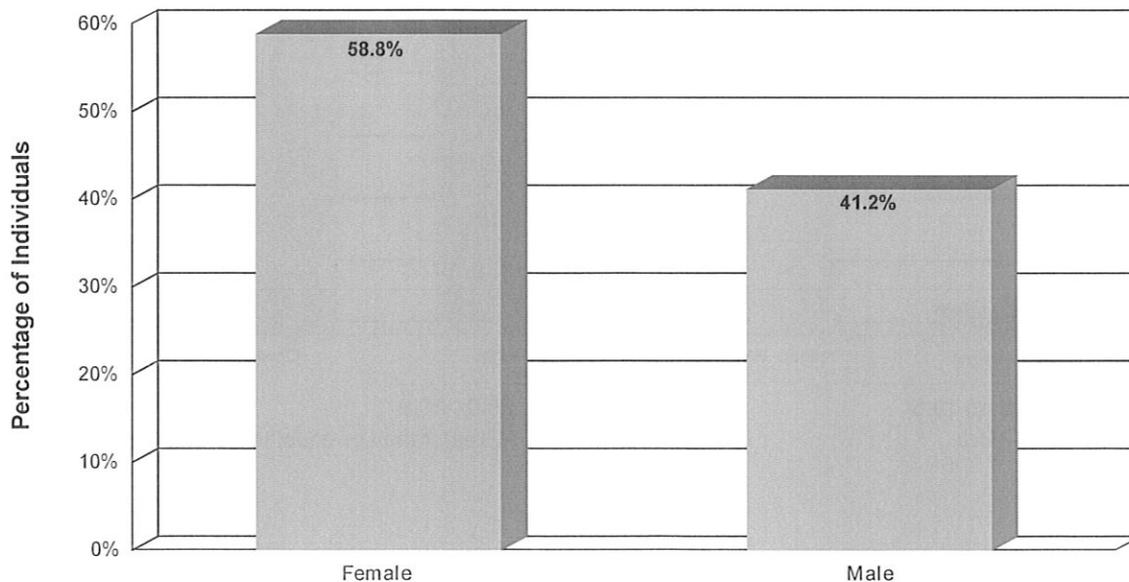
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10/3/2012 - 10/3/2012

This health screening aggregate report provides an overview of results obtained through a worksite sponsored health screening. Results may indicate risk for disease but do not imply diagnosis or measure of overall health. Each measure is presented in relation to community based guidelines for illustrative purposes only.

**Age Distribution
(n = 153)**

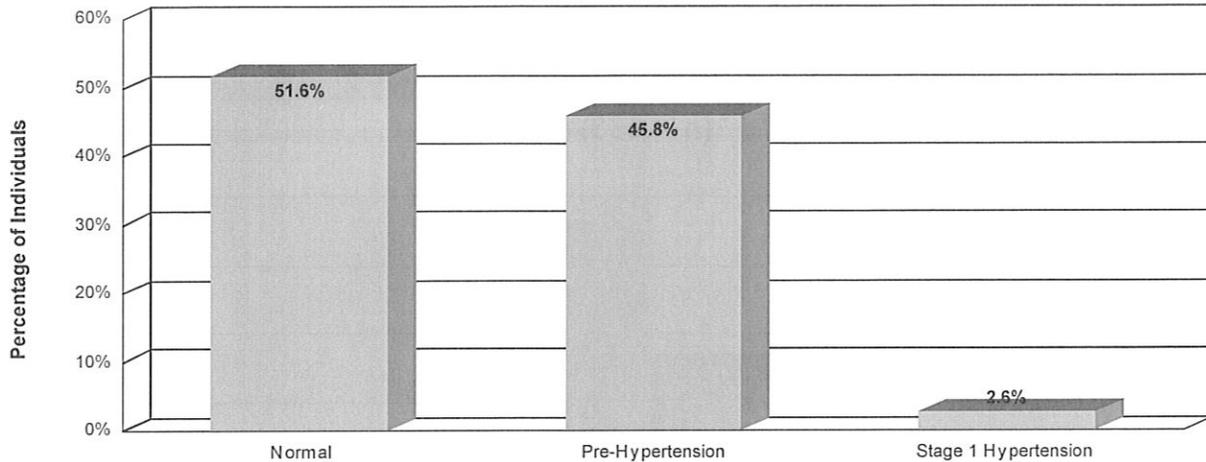
Average Age: 50.5

**Gender Distribution
(n = 153)**

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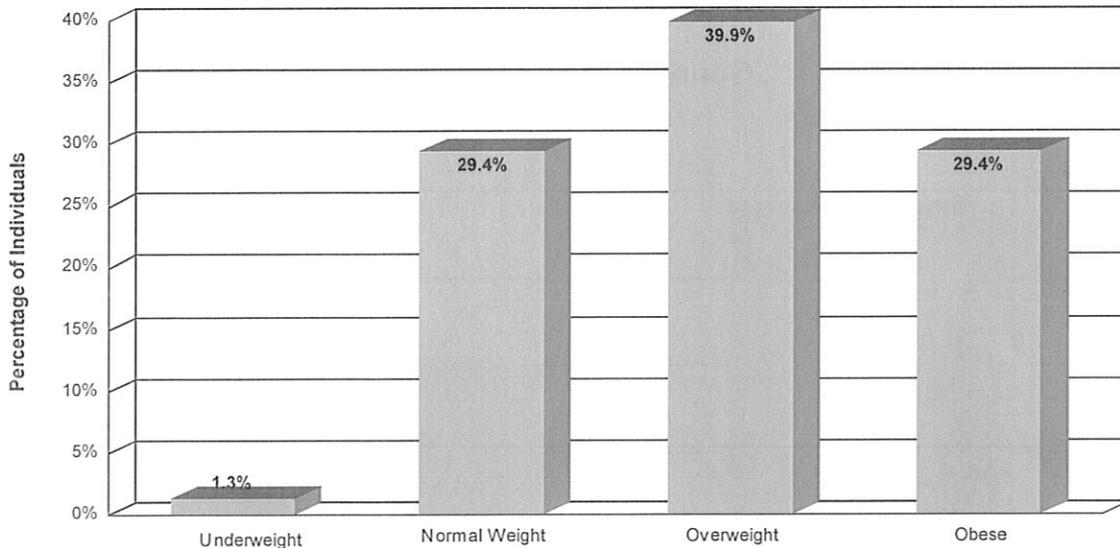
**Blood Pressure Distribution
(n = 153)**


Normal: **Systolic:** Less than 120 mm/Hg
 Diastolic: Less than 80 mm/Hg

Pre-Hypertension: **Systolic:** 120 - 139 mm/Hg
 Diastolic: 80 - 89 mm/Hg

Stage 1 Hypertension: **Systolic:** 140 - 159 mm/Hg
 Diastolic: 90 - 99 mm/Hg

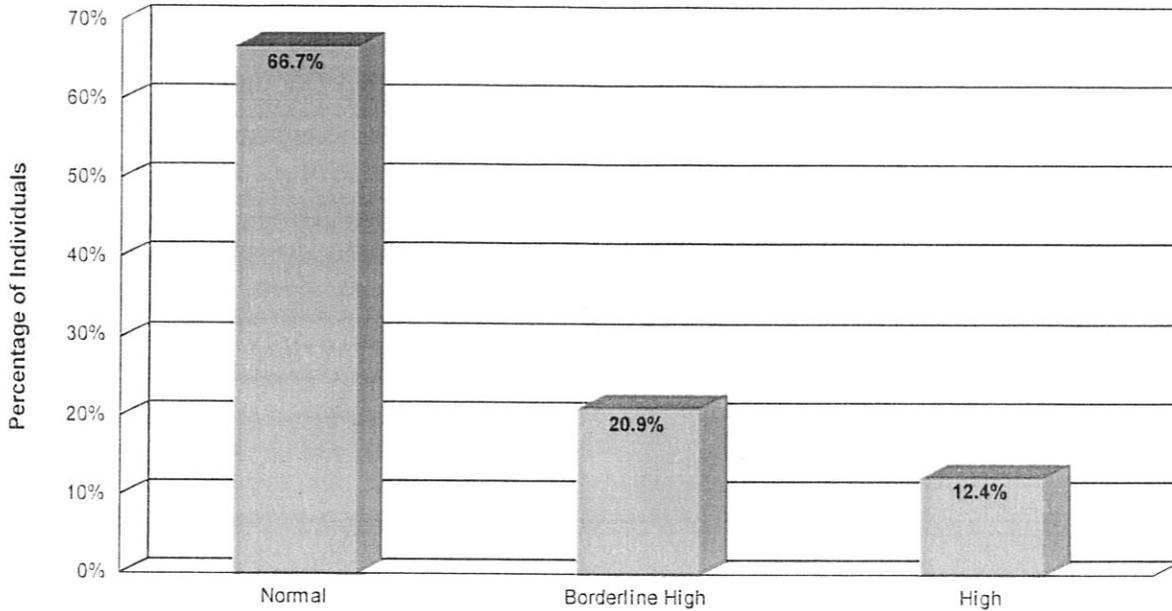
Stage 2 Hypertension: **Systolic:** Greater than or equal to 160 mm/Hg
 Diastolic: Greater than or equal to 100 mm/Hg

**Body Mass Index (BMI)
(n = 153)**


Underweight: Less than 18.5
Normal Weight: 18.5 - 24.9

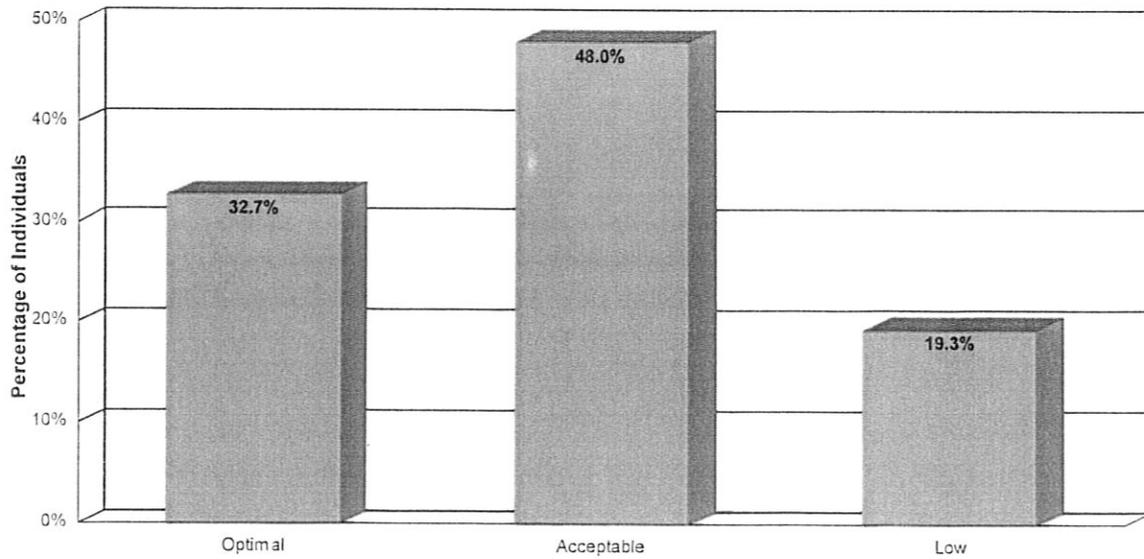
Overweight: 25.0 - 29.9
Obese: Greater than or equal to 30

Total Cholesterol Distribution (n = 153)



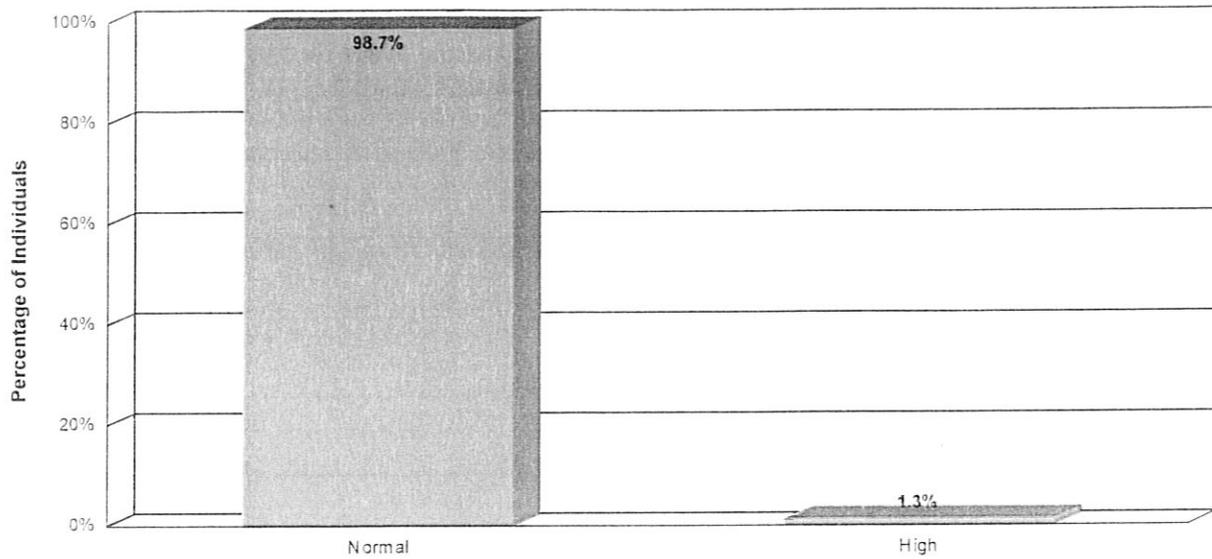
Normal: Less than 200 mg/dL
Borderline High: 200 - 239 mg/dL
High: Greater than or equal to 240 mg/dL

HDL Cholesterol Distribution (n = 150)



Optimal: Greater than 60 mg/dL
Acceptable: 40 - 59 mg/dL
Low: Less than 40 mg/dL

Non-Fasting Glucose Distribution (n = 153)



Normal: Less than 200 mg/dL

High: Greater than or equal to 200 mg/dL

Health and Well-being Solutions Health Screening Summary Report

Duluth JPE Trust - Wellness Credits

10/3/2012 - 10/3/2012

Disclaimer: Biometric measures collected as part of a worksite wellness program are for screening purposes only; they are not diagnostic or intended for clinical care management, nor are they a measure of overall health. This report may contain results obtained at the worksite or in a clinical setting and may have been obtained through different collection methods. These biometric measures are not individual goals, nor do they represent optimal measures for an individual's overall health. These are general measures that can be applied to an entire population. Abnormal measures do not indicate presence of disease or imply diagnosis. Participants are encouraged to follow up with their health care provider for further evaluation.

Biometric thresholds represented in this report are based on guidelines and educational information from the Institute for Clinical Systems Improvement (ICSI).

Non-Fasting Glucose Distribution
(n = 153)

