

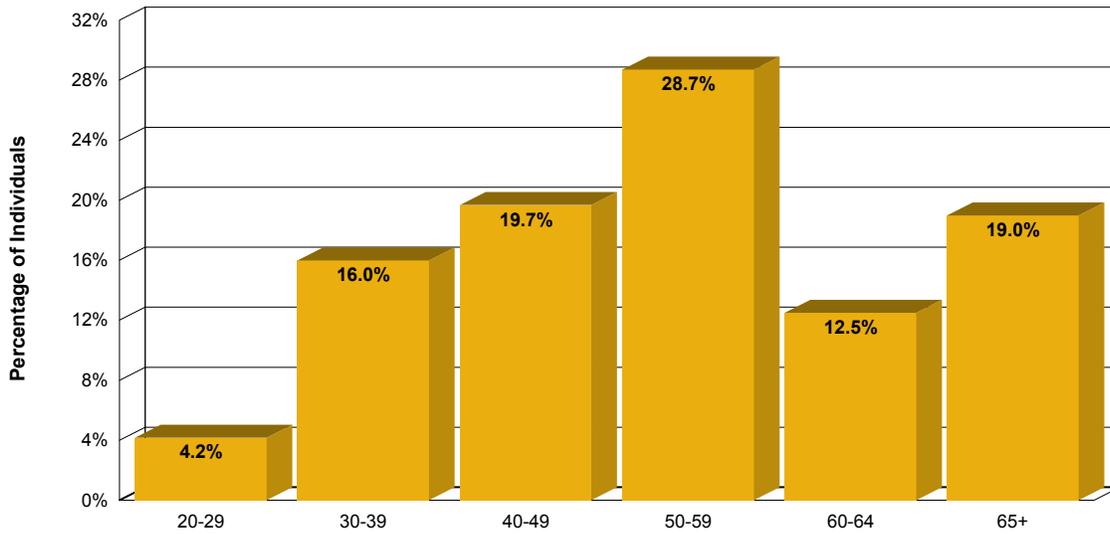
Health and Well-being Solutions Health Screening Summary Report

Duluth JPE Trust - Wellness Credits

9/15/2013 - 10/31/2013

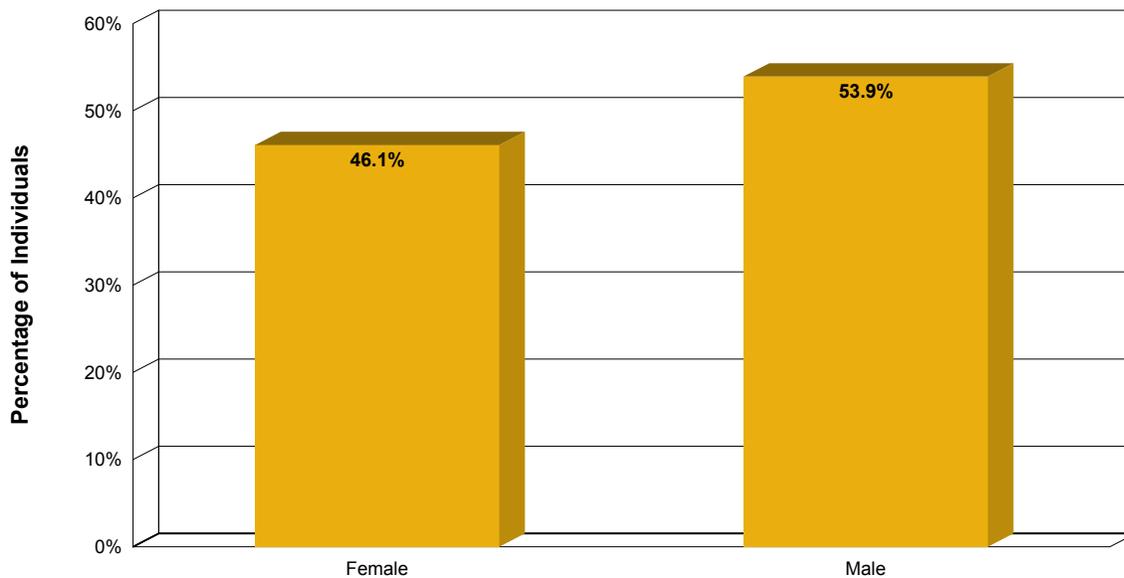
This health screening aggregate report provides an overview of results obtained through a worksite sponsored health screening. Results may indicate risk for disease but do not imply diagnosis or measure of overall health. Each measure is presented in relation to community based guidelines for illustrative purposes only.

Age Distribution (n = 432)



Average Age: 52.9

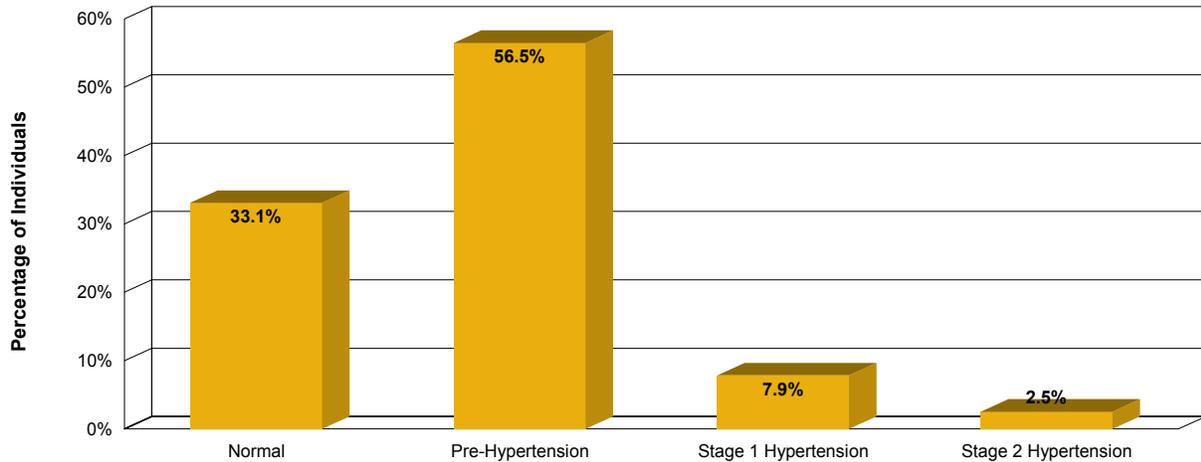
Gender Distribution (n = 432)



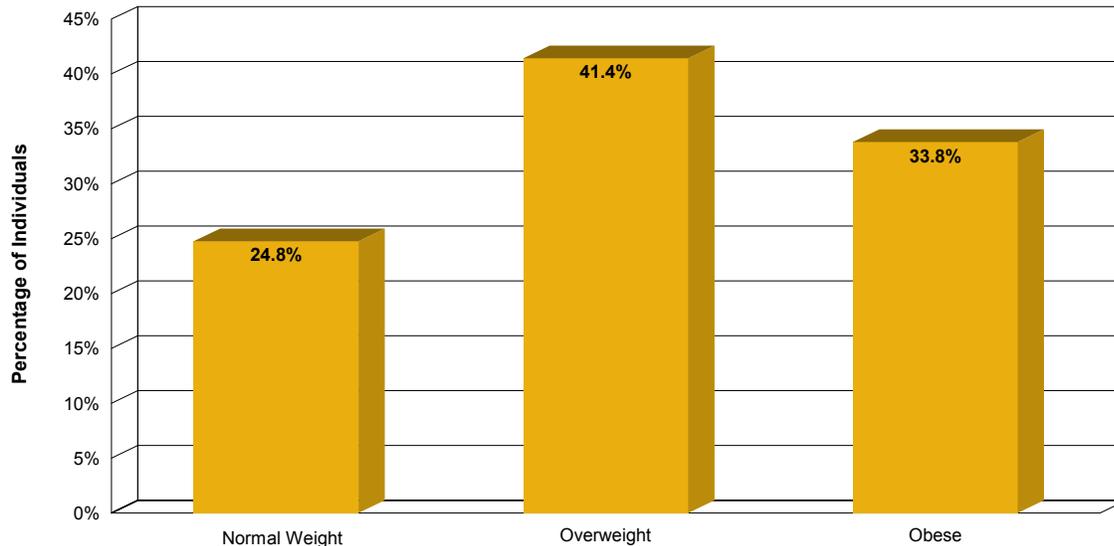
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**Blood Pressure Distribution
(n = 432)**


Normal:	Systolic: Less than 120 mm/Hg	Stage 1 Hypertension:	Systolic: 140 - 159 mm/Hg
	Diastolic: Less than 80 mm/Hg	Stage 2 Hypertension:	Systolic: Greater than or equal to 160 mm/Hg
Pre-Hypertension:	Systolic: 120 - 139 mm/Hg		Diastolic: Greater than or equal to 100 mm/Hg
	Diastolic: 80 - 89 mm/Hg		

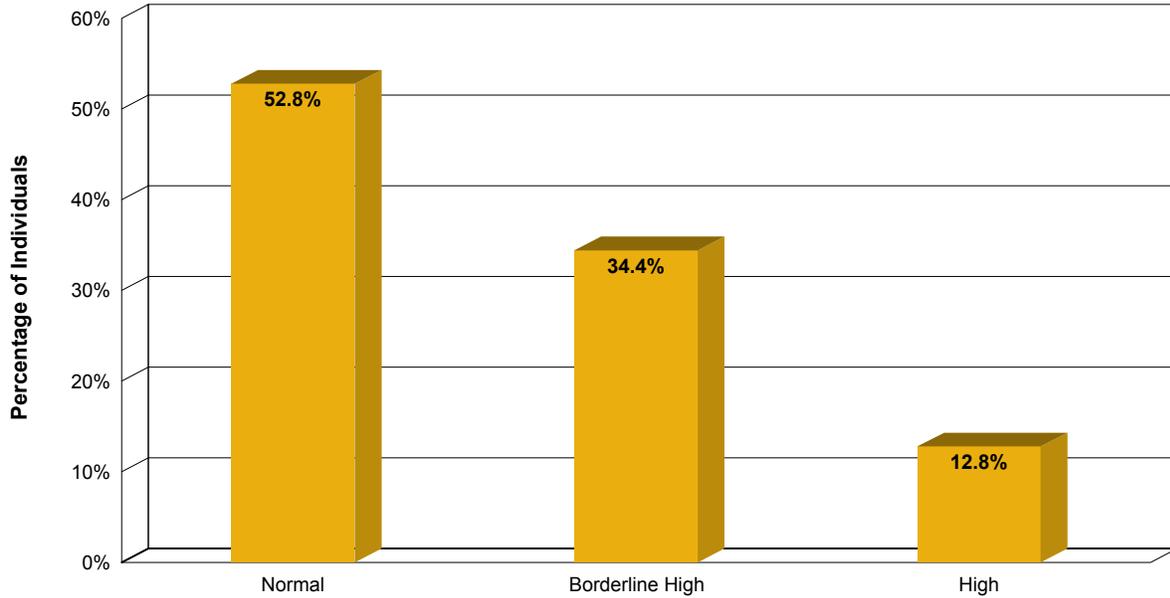
**Body Mass Index (BMI)
(n = 432)**


Underweight:	Less than 18.5	Overweight:	25.0 - 29.9
Normal Weight:	18.5 - 24.9	Obese:	Greater than or equal to 30

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Total Cholesterol Distribution
(n = 430)

Normal: Less than 200 mg/dL
Borderline High: 200 - 239 mg/dL
High: Greater than or equal to 240 mg/dL

HDL Cholesterol Distribution

Optimal: Greater than 60 mg/dL
Acceptable: 40 - 59 mg/dL
Low: Less than 40 mg/dL

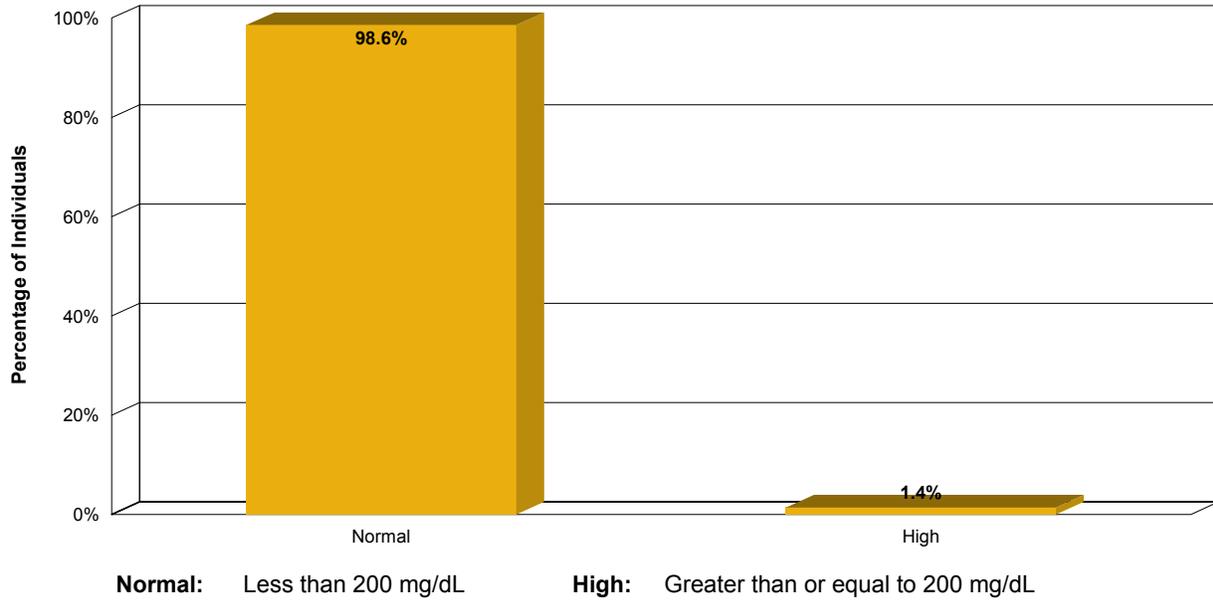
LDL Cholesterol Distribution

Optimal:	Less than 100 mg/dL	Borderline High:	130 - 159 mg/dL
Near Optimal:	100 - 129 mg/dL	High:	Greater than or equal to 160

Triglyceride Distribution

Normal:	Less than 150 mg/dL
Borderline High:	150 - 199 mg/dL
High:	Greater than or equal to 200 mg/dL

**Non-Fasting Glucose Distribution
(n = 429)**



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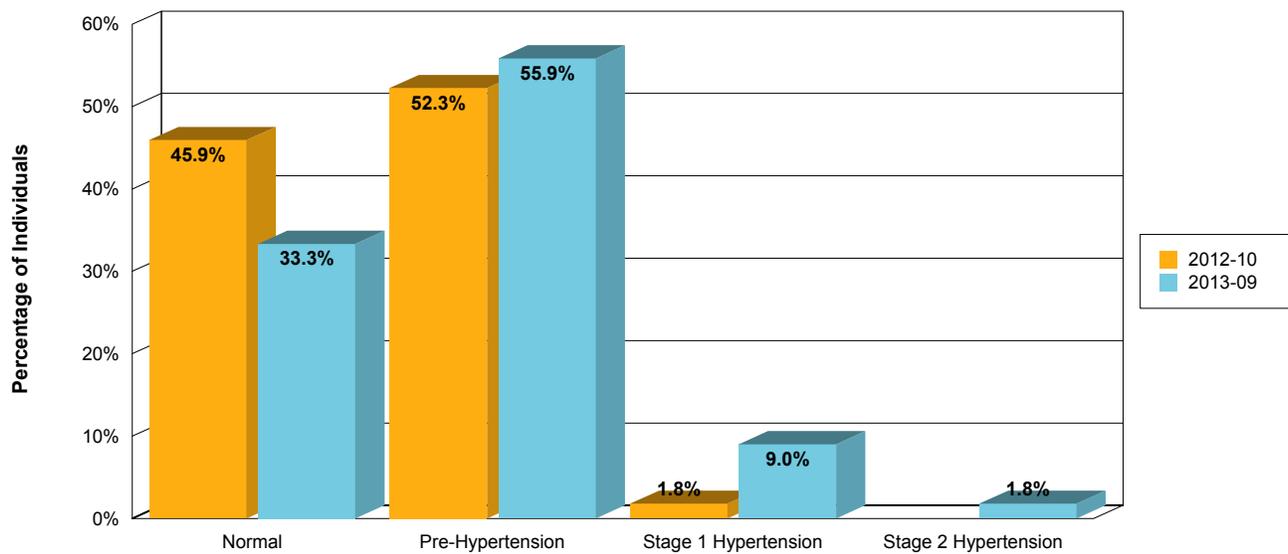
9/15/2013 - 10/31/2013

Cohort	Average Age
Average Age of Cohort - 2012-10	50.41
Average Age of Cohort - 2013-09	51.36

**Gender Distribution - 39.6% Male, 60.4% Female

Blood Pressure Distribution of Cohort

(n = 111)



Normal: **Systolic:** Less than 120 mm/Hg
Diastolic: Less than 80 mm/Hg

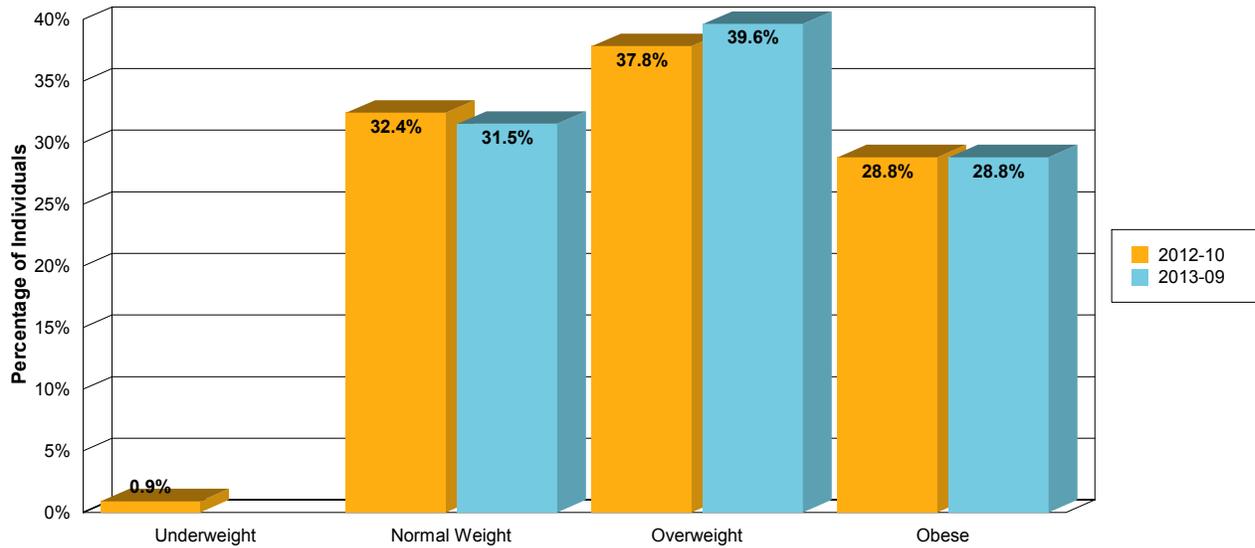
Pre-Hypertension: **Systolic:** 120 - 139 mm/Hg
Diastolic: 80 - 89 mm/Hg

Stage 1 Hypertension: **Systolic:** 140 - 159 mm/Hg
Diastolic: 90 - 99 mm/Hg

Stage 2 Hypertension: **Systolic:** Greater than or equal to 160 mm/Hg
Diastolic: Greater than or equal to 100 mm/Hg

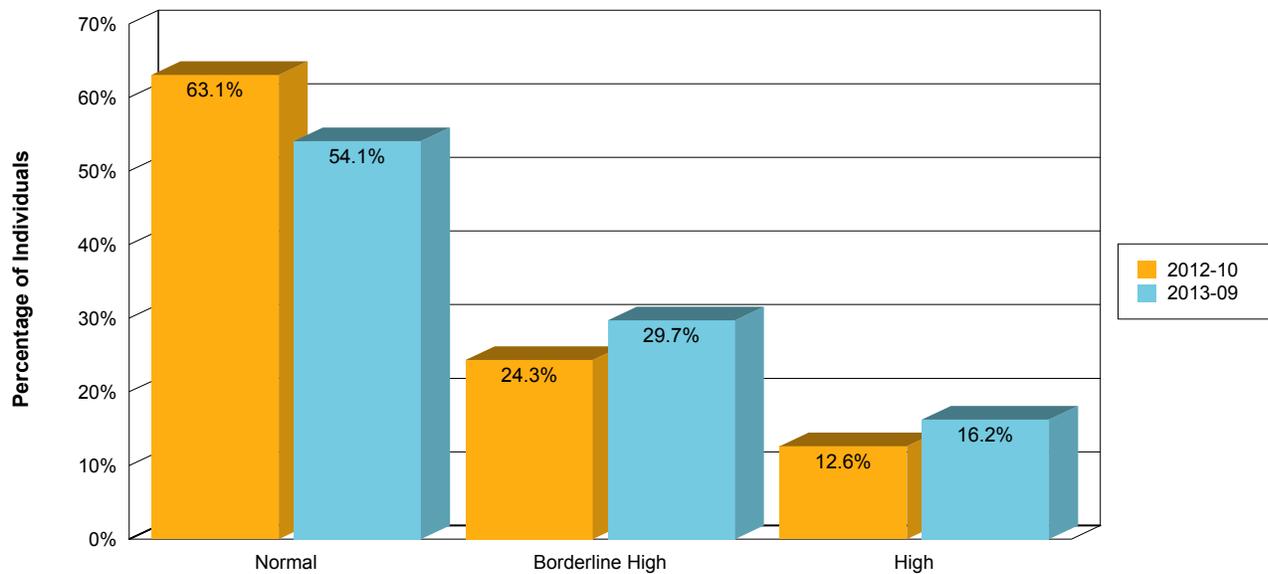
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**Body Mass Index (BMI) Distribution of Cohort
(n = 111)**


Underweight: Less than 18.5
Normal Weight: 18.5 - 24.9

Overweight: 25.0 - 29.9
Obese: Greater than or equal to 30

**Total Cholesterol Distribution of Cohort
(n = 111)**


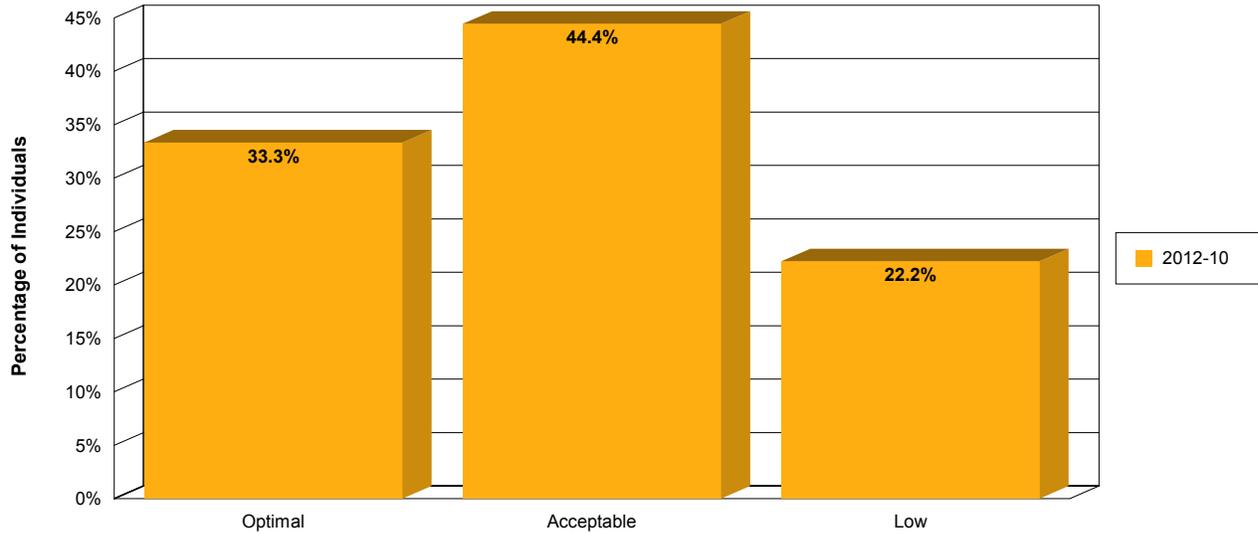
Normal: Less than 200 mg/dL
Borderline High: 200 - 239 mg/dL
High: Greater than or equal to 240 mg/dL

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HDL Cholesterol Distribution of Cohort (n = 108)



Optimal: Greater than 60 mg/dL
Acceptable: 40 - 59 mg/dL
Low: Less than 40 mg/dL

LDL Cholesterol Distribution of Cohort

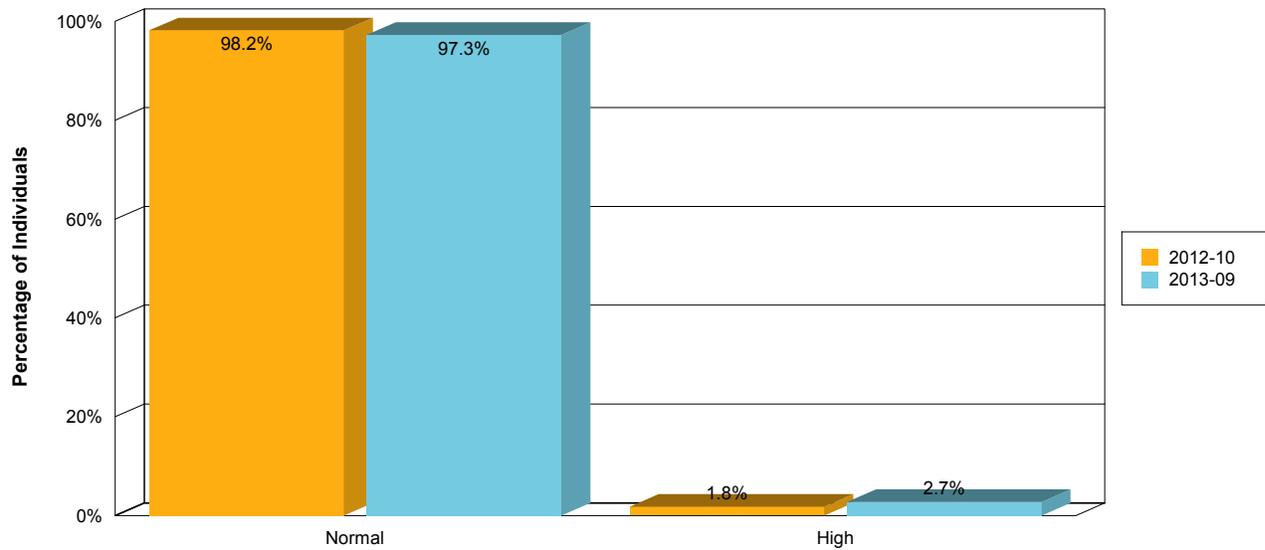
Optimal: Less than 100 mg/dL
Near Optimal: 100 - 129 mg/dL

Borderline High: 130 - 159 mg/dL
High: Greater than or equal to 160

Triglyceride Distribution of Cohort

Normal: Less than 150 mg/dL
Borderline High: 150 - 199 mg/dL
High: Greater than or equal to 200 mg/dL

**Non-Fasting Glucose Distribution of Cohort
 (n = 111)**



Normal: Less than 200 mg/dL **High:** Greater than or equal to 200 mg/dL

Health and Well-being Solutions Health Screening Summary Report**Duluth JPE Trust - Wellness Credits**

9/15/2013 - 10/31/2013

Disclaimer: Biometric measures collected as part of a worksite wellness program are for screening purposes only; they are not diagnostic or intended for clinical care management, nor are they a measure of overall health. This report may contain results obtained at the worksite or in a clinical setting and may have been obtained through different collection methods. These biometric measures are not individual goals, nor do they represent optimal measures for an individual's overall health. These are general measures that can be applied to an entire population. Abnormal measures do not indicate presence of disease or imply diagnosis. Participants are encouraged to follow up with their health care provider for further evaluation.

Biometric thresholds represented in this report are based on guidelines and educational information from the Institute for Clinical Systems Improvement (ICSI).

Health and Well-being Solutions Health Screening Summary Report

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9/15/2013 - 10/31/2013

Report Parameters:

Customer Id	1413
Current Period Begin Date	9/15/2013
Current Period End Date	10/31/2013
Current Promos	'-ALL-'
Current Vendor Event ID's	'-ALL-'
Screening 1 Begin Date	10/2/2012
Screening 1 End Date	6/30/2013
Screening 1 Promos	'-ALL-'
Screening 1 Vendor Events	'-ALL-'
Screening 2 Begin Date	9/15/2013
Screening 2 End Date	10/31/2013
Screening 2 Promos	'-ALL-'
Screening 2 Vendor Events	'-ALL-'
Screening 3 Begin Date	1/1/1900
Screening 3 End Date	12/31/2100
Screening 3 Promos	'-ALL-'
Screening 3 Vendor Events	'-ALL-'
Screening 4 Begin Date	1/1/1900
Screening 4 End Date	12/31/2100
Screening 4 Promos	'-ALL-'
Screening 4 Vendor Events	'-ALL-'
Screening 5 Begin Date	1/1/1900
Screening 5 End Date	12/31/2100
Screening 5 Promos	'-ALL-'
Screening 5 Vendor Events	'-ALL-'
Suppress Cohort	No
Glucose Test Type	Non-Fasting
Suppress Blood Pressure	No
Suppress BMI	No
Suppress Total Cholesterol	No
Suppress HDL Cholesterol	No
Suppress LDL Cholesterol	No
Suppress Triglycerides	No
Suppress Glucose	No