



**APPLICATION FOR APPOINTMENT TO THE
CITY OF DULUTH
VACANT SECOND DISTRICT CITY COUNCILOR POSITION**

RECEIVED
JAN 30 2014
CITY CLERKS OFFICE

INSTRUCTIONS: (1) Print the application. (2) Fill in your information. Please remember to SIGN the application below. (3) Mail or deliver to the address below by 4:30 p.m. on Friday, January 31, 2014.

**ALL INFORMATION ON THIS FORM
AND ANY ATTACHMENTS ARE PUBLIC.**

NAME KATHLEEN (KATHY) HELTZER

HOME ADDRESS 2706 Jefferson Street 55812

TELEPHONE (work) 218 726 8935 (home) 218 724 3228

(cell) 218 391-1832 (e-mail) Kvheitzer@gmail.com

VOCATION, OCCUPATION, EMPLOYMENT Faculty Member, University of MN Duluth

PLEASE ATTACH A STATEMENT AS TO WHY YOU ARE APPLYING AND WHAT ASSETS YOU WOULD BRING TO THE CITY COUNCIL. YOU MAY ALSO ATTACH A RESUME.

SIGNATURE: Kathy Helzer DATE: 1-25-2014

****PLEASE REMEMBER TO SIGN & DATE THE APPLICATION****

- NOTE:**
- **MARK YOUR CALENDAR:** Council interviews will be on Thursday, February 6, 2014, at 5:00 p.m., in the Council Chamber, 3rd Floor, City Hall. This is the only notice you will receive.
 - Applicants must be 21 years of age and an eligible voter in the 2nd District of the City of Duluth.
 - The deadline for submitting applications to the City Clerk's Office, 330 City Hall, 411 W. 1st St., Duluth, MN 55802, is 4:30 p.m. on Friday, January 31, 2014.

January 28, 2013

Duluth City Council
330 City Hall
411 West 1st Street
Duluth, MN 55802

Dear Councilors,

I am applying for the 2nd District Duluth City Council Seat because I believe that I have the skills and assets to effectively represent the citizens of the district, having resided there for over 30 years (since 1982).

I have been an active member of the Duluth community since moving here to attend college in 1977 and believe in the importance of public service as a way to give back to our community. I have served on a variety of non-profit boards including the YMCA, the Human Development Center, the Duluth Community Action Program, (back in the early 1980's) and the Duluth Area Family Services Collaborative Children's Mental Health Advisory Committee to name a few. I have served as a mentor with the Mentor Duluth program for 30 years and was also a licensed foster parent.

I participated in the Blandin Community Leadership Program with a cohort from Duluth in 2008. Additionally, I have served on the St. Louis County Public Health and Human Services Advisory Committee as a representative from the 2nd District of the St Louis County Board since 2003.

With respect to what I would bring to the council, I believe that my years of both professional and volunteer experience in the Duluth community have demonstrated my commitment to working collaboratively with others to solve problems and address issues of concern to our community. I am aware that in the 2nd District issues related to land use, zoning, and tenant/landlord concerns are especially relevant and I would be committed to working with the council and city staff to address these and seek remedies. As a social worker, my professional training has focused on problem solving, thinking critically, listening to what people have to say and then working together to find mutually agreed upon solutions.

In terms of personal assets that I would bring to this position I am reliable, I do my homework, I am responsive to the students I have had the privilege to work with at UMD as well as my colleagues and would bring that same work ethic to my role on the council. I would be remiss if I did not also mention that I have a sense of humor, which has been helpful over the years in relating to people and sometimes helping to resolve and diffuse conflict in a variety of settings.

My sole purpose in applying for this vacancy is to serve, and to bring my skills and experience in the hopes of contributing to the good work that the council has already demonstrated on behalf of the city. Also, I love Duluth!

Sincerely,



Kathy Heltzer
2706 Jefferson Street
Duluth, MN 55812

**Curriculum Vitae/Resume
Kathleen Victoria Heltzer
January 2014**

Education:

- 1986 Masters of Social Work, MSSW
 University of Wisconsin-Madison
- 1981 Bachelor of Social Development
 University of Minnesota-Duluth

Professional Experience:

University of Minnesota, Duluth

Department of Social Work

- Instructor, September 1996-present
Interim BSW Program Director Sept 2013-Present
MSW Field Director, Sept 2000-present
MSW Distance Education Program Coordinator, 1999-2007

Northcountry Independent Living, Superior, WI

Consultant, University Pilot Project 2010-2011

Professional Association of Treatment Homes (PATH)

Social Worker 1987-1998

Responsible for licensing and supervision of treatment foster homes for children with special needs. Provided crisis intervention and counseling to foster parents and children. Public speaking to college classes and community groups. Provided educational training to foster parents.

Carlton County Human Services

Social Worker August 1983-July 1985

Provided case management in court-ordered child protection matters. Provided recommendations to the court regarding out-of-home placement and treatment for juveniles and their families. Teamed with law enforcement on child abuse investigations.

St. Louis County Social Services

Adolescent Shelter Worker March 1982-July 1984

Provided counseling and supervision to adolescents placed at the Shelter through St. Louis County Social Services.

University of Minnesota Duluth Upward Bound Program

Community Program Assistant March-June 1982

Recruited students and served as a liaison between Cloquet High School and University Upward Bound personnel. Tutoring and counseling of low-income students in an effort to encourage high school graduation and post-secondary education.

Teaching Experience:

Graduate Social Work Courses taught:

SW 5000	<i>American Social Welfare Institution</i>
SW 5104	<i>Dynamics of Discrimination</i>
SW 5230	<i>Family Policy</i>
SW 8801	<i>Fieldwork I</i>
SW 8802	<i>Fieldwork II</i>
SW 8006	<i>Advanced Generalist Seminar</i>
SW 8100	<i>Social Work with Diverse Populations</i>
SW 8441	<i>Individual, Families and Groups Practice II</i>
SW 8331	<i>Organization and Community Practice II</i>
SW 5096	<i>Special Projects</i>
SW 5095	<i>Special Topics: Clinical Assessment and Intervention</i>
SW 5091	<i>Independent Study</i>
SW 8105	<i>Final Masters Project Portfolio</i>

Presentations:

Heltzer, K.V. "Ethical Social Work Practice, Fact or Fiction", Minnesota School Social Worker Association Spring Conference, St. Paul, MN March 25, 2013

Heltzer, K.V. "Laughing to Keep from Crying" Health Care Reform. Play/Forum; Minnesota Senior Federation, Duluth, MN May 22, 2012

Heltzer, K.V. "Integrating Foster Youth/Adults into your home" Presentation/Training for Care Providers/Foster Parents, St. Louis County Public Health and Human Services, Duluth, MN February 23rd, 2012

Heltzer, K.V. Access to Community Employment, A Community-College Collaboration; SLCPHHS Conference Presentation, Duluth, MN October 11, 2011

Heltzer, K.V. *Building the Fire Within: Fostering Strengths, Relationships and Empowerment* Keynote Speaker for 7th Annual Conference on Female Offenders, St Paul, MN April 11, 2011

Heltzer, K.V. *Resetting the Margins: Marginalization and Privilege: Two Sides of the Same Coin.* Keynote Speaker for 6th Annual Conference on Female Offenders, St Paul, MN April 9, 2010

Heltzer, K.V. *White Privilege: Unpacking the Invisible Knapsack: Implications for Guardian Ad Litem and Others Working in the Child Welfare System.* Presented at the "Advocates in Action" Conference of the Minnesota Association of Guardian Ad Litem, St. Paul, MN October 24-25, 2008

Heltzer, K.V. *White Privilege: Unpacking the Invisible Knapsack: Implications for Social Workers and Others Working in the Child Welfare System.* Presented at the “Connections Matter” Child Protection Conference; Children’s Justice Initiative, MN Department of Human Services, Brooklyn Park, MN May 23, 2007

Heltzer, K.V, & Crawford, K. *Every Long Journey is Made of Small Steps: Working for Social and Economic Justice in our Everyday Lives.* Presented at the St Louis County Health and Human Services Conference, Duluth, MN October 13, 2006

Heltzer, K.V. *Civic Engagement and Community Involvement.* Annual Meeting Keynote Address for Duluth League of Women Voters, April 2005

Heltzer, K.V. *White Privilege: Unpacking the Invisible Knapsack: Implications for Social Workers, Foster Parents, Care Providers and Others.* Presented at the St Louis County Health and Human Services Conference, Duluth, MN October 21, 2005

Heltzer, K.V. *Making a Difference Through Political Involvement.* Presented at the Citizen’s In Action LWV Workshop/Conference, Duluth, MN January 29, 2005

Heltzer, K.V. *Making a Difference in Changing Times.* Twin Ports Area Nonprofit Coalition Annual Meeting-Keynote Address, Duluth, MN January 28, 2004

Heltzer, K.V. *Keynote Address: Self Care Through the Use of Humor and Music.* Wisconsin Coalition Against Sexual Assault Annual Meeting, Wausau, WI November 18, 2004

Heltzer, K.V. *Feminism in the Twin Ports: Northcountry Women’s Coffeehouse* UMD Women’s Studies Brown Bag Presentation, Duluth, MN March 24, 2004

Heltzer, K.V. *Boundaries in working with In-Home and Assisted Living Programs.* Presented to St. Louis Public Health and Human Services Staff, Duluth MN November 17, 2004

Heltzer, K.V., Rallis, H. and Pederson, P. *Growing Pains: What Happens When Faculty Integrate Technology into Their Teaching.* Spring Semester IDS Workshop, University of Minnesota Duluth, Duluth, MN April 2, 2001

Heltzer, K.V. *What’s So Funny About Behavior Management? A Foster Parent/Social Worker Perspective.* Presented at the St Louis County Health and Human Services Conference, Duluth, MN October 21, 2000

Professional Service:

University Service

Department of Social Work Search Committee Chair	2013-present
CEHSP Academic Affairs Committee	Sept 2013-present
UMD GLBTQ Commission,	Sept 2013-present
KUMD Volunteer Announcer, Women’s Music Program	2006-present

Health Care for America-Teach In on Health Insurance Reform-September 16, 2009

CEHSP Technology Committee 2008-2013
 UMD-University Relations and Development KUMD Search Committee 2008
 ITSS Search Committee, 2007
 ITSS Search Committee, 2005
 ITSS Search Committee, 2002
 Vice Chancellor's Office for Student Affairs
 Search Committee, 2002

Department Committee Assignments:

BSW Program Development Committee Sept, 2013-present
 Executive Committee 2000-present
 Student Affairs/Admissions 2000-2012
 Field Faculty Committee (Chair) 2000-present
 Center for Regional and Tribal Child Welfare Studies 2001-present
 Academic Affairs Committee 2007-2013
 Child Welfare Scholars Screening Committee 2002-2008
 Social Work Department Cultural Competence Committee 2005-2008
 Social Work Department Community Advisory Committee 1998-present
 Distance Education Community Advisory Committee 1999-2007

Community Service:

Conference Facilitator, 9th Annual Conference on Female Offenders, St Paul, MN April 22, 2013

Conference Facilitator, 8th Annual Conference on Female Offenders, St Paul, MN April 30, 2012

Ruby's Pantry Food Distribution Volunteer 2012-present

Echoes of Peace Community Choir 2005-present

Mentor Duluth Volunteer Mentor to six children 1980-2012

Human Development Center Board of Directors 2007-2012

Human Development Center Governance Committee 2008-2012

Human Development Center Personnel Committee (Chair) 2008-2012

Unitarian Universalist Board of Trustees 2004-2010

President-Unitarian Universalist Congregation of Duluth 2009-2010

St. Louis County Health and Human Services Adv Committee 2003-present

YMCA Foundation Board of Directors 2006-present

Income and Poverty Workgroup for Duluth Prosperity Agenda 2010-2012

Alternatives to Detention Subcommittee-SLC Attorney's Office	2010-2013
Licensed Foster Parent, St. Louis County PHHS	1996-2012
Minnesota School Social Workers Summer Institute Facilitation/emcee/entertainment	2003-2011
Mentor Duluth Staff Appreciation Luncheon -emcee/entertainment	2000-present
Solon-Munger Dinner-emcee	2003-present
UEA Representative-Duluth Central Labor Body	2008-present
Northcountry Women's Coffeehouse-emcee/entertainment Annual Holiday Event	1990-2011
Program to Aid Victims of Sexual Assault (PAVSA) Annual Art Auction Fundraiser-emcee/facilitate	November 2009, 2011, 2012, 2013
Health Care Reform Rally-emcee/facilitate	October 2009
College of St. Scholastica Social Work Advisory Committee	2003-2007
Safe Haven Women's Shelter "Evening of Comedy" Fundraiser Stand-up Comedy, emcee	June 2006
Women Light up the World Celebrating Spring Equinox YWCA Fundraiser-emcee/entertainment	March 2006
Building for Women/Choice Event Fundraiser-emcee	March 2006
Mentoring Partnership of Minnesota Statewide Conference Emcee/Entertainment	2006-2007
Art of Peace Event-emcee Day Stage, Choir Performance	March 2005
Take Back the Night Rally and March-emcee event	March 2004
Northland Choice Society, "Hot Dishes on Stage" emcee event	March 2004
YMCA Partner with Youth Kick-Off Luncheon- emcee	March 2004
YMCA Board of Directors	1994-2003
Chair-Duluth Area Family YMCA	2002-2003
YMCA Finance Committee	2002-2003
YMCA Executive Committee (Chair)	2002-2003

Secretary-Duluth Area Family YMCA	1996-2000
Center for Family Crisis-Grand Marais, MN -emcee, entertainment	Aug 2002-2003
Women's Wellness Retreat-Camp Miller-emcee, entertainment	2003-2004
Duluth-Superior Pride Festival-emcee, volunteer	Sept 2002
Economic Justice Committee/Building for Women	2001-2003
Duluth Area Family Services Collaborative Children's Mental Health Advisory Committee	1999-2001
Minnesota Council on Social Work Education Department Rep	1999-2003
Youth Group Advisor for UUCD	1996-2003
Northcountry Women's Coffeehouse Board of Directors	1991-2001
MSW Field Supervisor for Safe Haven Shelter	1994-1996
MSW Field Supervisor for YMCA Family Literacy Program	1993-1994
MSW Field Supervisor for Lake Superior Area Family Services	1992-1993
National Association of Social Workers State Board	1987-1990

Awards

Chancellor's Award for Outstanding Public Service	January 2014
CEHSP Outstanding Service Award	May 2012
Minnesota School Social Workers "Friend of School Social Work" Award	October, 2006
Albert and Louise Ordean Foundation "Making A Difference" Award	February 1991
Blandin Community Leadership Program Participant/Graduate	January 2008