

# ULTIMATE (frisbee) for KIDS!

This is an opportunity for youth ages 8-17 to learn the game of Ultimate and play games run by volunteer instructors on the indoor turf at the Duluth Heritage Sports Center. Participants will have opportunities to learn the basics, practice new skills and play informal pick-up games with others.

Every Sunday in May from 1-3:00 pm  
(May 3, 10, 17, 24, 31)

Duluth Heritage Sports Center  
120 S. 30th Avenue West

*\*\*\*Option for additional practice sessions available,  
but dependent on volunteer committment.*

For more information please call 730-4322

