



**PORTMAN COMMUNITY
RECREATION CENTER**

4601 MCCULLOCH ST, DULUTH MN 55804



January 2016

Theresa Mellinger - City of Duluth Senior Center Coord.
- AEOA

(218) 390-9429
(218) 727-4321

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	27	28	29	30	31	1 2
	3 8:30 UCare Exercise 10:00 Sr Board Mtg 12:00 Sr. Mtg 12:30 Bingo	4	5 Chicken Lasagna & Fruit 8:30 UCare Exercise 9:30 Men's Coffee meeting	6 Chili & Fruit	7 Ham Dinner Or ALT Chocolate Cake 8:30 UCare Exercise 12:30 Bingo	8 9
10 8:30 UCare Exercise 12:30 Bingo	10 Cheeseburger & Fresh Fruit	11 Boiled Dinner Or ALT Bread Pudding	12 Special of the Day 8:30 UCare Exercise 9:30 Men's Coffee meeting	13 Roast Pork Dinner & Fresh Fruit	14 Champagne Chicken & Fruit 8:30 UCare Exercise 12:30 Bingo	15 16
17 8:30 UCare Exercise 12:30 Bingo CITY OFFICES CLOSED	17 Goulash & Fruit	18 BBQ Chicken Breast & Pound Cake	19 Meatloaf Dinner Fruit 8:30 UCare Exercise 9:30 Men's Coffee meeting	20 Pork Chop Dinner & Snow Ball Cupcake 1-5 PM AARP DDEFENSIVE DRIVING Refresher Class call 218-730- 4319 to register	21 Fish Dinner or Alt Fresh Fruit 8:30 UCare Exercise 12:30 Frost Bite Party & Bingo	22 23
24 8:30 UCare Exercise 12:30 Bingo	24 Pork Chow Mein Fresh Fruit	25 Roast Turkey Dinner & Cake	26 Special of the Day 8:30 UCare Exercise 9:30 Men's Coffee meeting	27 Harvest Stew Fresh Fruit	28 French Toast & Sausage Fruit 8:30 UCare Exercise 12:30 Bingo	29 30