



PORTMAN COMMUNITY RECREATION CENTER
4601 MCCULLOCH ST, DULUTH MN 55804



April 2016
Theresa Mellinger - City of Duluth Senior Center Coord.
Meals only Mon or Fri
(218) 390-9429
(218) 727-4321

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY						
	27	28	29	30	31	1						
					Fish Sandwich or Chicken Br Fresh Fruit 10:30 Open Rec 12:30 Bingo	2						
3	Meatball Dinner & Fruit 8:30 UCare Exercise 12:00 Sr. Mtg 12:30 Bingo	4	Egg Salad Sand & Cheesy California Soup & Fresh Fruit	5	Chicken Lasagna & Fruit 8:30 UCare Exercise 9:00 Coffee Club	6	Ham Dinner Or ALT & Chocolate Almond Coconut Cake	7	Chili & Fresh Fruit 10:30 Open Rec 12:30 Bingo	8	9	9-5 AARP DDEFENSIVE DRIVING - 1st Time Class - 218-730-4319 to register
10	Champagne Chicken & Fruit 8:30 UCare Exercise 12:00 Bingo 12:00 Bridge	11	Roast Pork Dinner & Fresh Fruit SENIOR MEET & GREET Entertainment, Prizes, Refreshments, Fun- all seniors come out and see <i>what fun you have at a Senior</i>	12	Special of the Day 8:30 UCare Exercise 9:00 Coffee Club 10:30 Open Rec	13	Boiled Dinner Or ALT Bread Pudding	14	Cheese Burger & Fresh Fruit 10:30 Open Rec 12:30 Bingo	15	16	
17	Meatloaf Dinner & Fruit 8:30 UCare Exercise 12:00 Bingo 12:00 Bridge	18	Pork Chop Dinner & Fresh Fruit	19	Goulash & Fruit 8:30 UCare Exercise 9:00 Coffee Club	20	BBQ Chicken Breast Pound Cake 1-5 <u>AARP 4 hr. Refresher</u> call to register 218-730-4319	21	Fish Dinner or Alt Fresh Fruit 10:30 Open Rec 12:30 Bingo	22	23	
24	Special Of the Day 8:30 UCare Exercise 12:00 Bingo 12:00 Bridge	25	Harvest Stew & Fruit	26	Roast Turkey Dinner & Cake 8:30 UCare Exercise 9:00 Coffee Club 1-3 Senior Appreciation Party at Morgan Park	27	Pork Chow Mein & Fresh Fruit	28	French Toast & Sausage Fruit 10:30 Open Rec 12:30 Bingo	29	30	