

FOR IMMEDIATE RELEASE City of Duluth Parks and Recreation Division

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SUBJECT: Parks and Recreation Ultimate Frisbee now offered at Heritage Sports Center

BY: Amy Norris, Public Information Coordinator

Parks and Recreation Ultimate Frisbee now offered at Heritage Sports Center

Parks and Recreation is offering Ultimate Frisbee starting tomorrow Wednesday, April 18th at the Heritage Sports Center located at 120 South 30th Avenue West. Come learn how to play the game of Ultimate Frisbee! It's a fun, fast moving game similar to football, played with a frisbee but with very little physical contact. Show up for direction, skill practice and pick-up games with well-seasoned players. This program is for youth ages 7-17 and will be held every Wednesday from 7:00-8:00 PM until May 23rd. The cost is FREE. For more information call 218-730-4388.

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